

HUMBOLDT  
STATE  
UNIVERSITY

2018-2019

# Guide to Sustainability



FOR STUDENTS

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## FAST FACTS

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51%

Percentage of **waste** diverted from the landfill by recycling, composting, donating or reselling in Fiscal Year 2015-2016



80%

Percentage of students that use sustainable commuting options as their primary mode of **transportation** (i.e. that use other modes than single-occupant vehicles).



28%

Percentage of academic departments with faculty engaged in grant-funded **research** that is focused on or connects dimensions of sustainability.



33%

Percentage reduction in potable **water** use per weighted campus user from period spanning July 2012 to June 2016.

Data taken from campus STARS report:  
[www.stars.aashe.org/institutions/humboldt-state-university-ca/report/2017-04-21/](http://www.stars.aashe.org/institutions/humboldt-state-university-ca/report/2017-04-21/)

## ZERO WASTE

### REUSABLE FOOD CONTAINERS

The OZZI program offers reusable food containers at HSU. All you have to do is ask Dining to serve your food in an OZZI container, give the cashier your OZZI token or pay \$5 for unlimited OZZI uses, return your rinsed container back to any campus Dining location, get a token, and repeat!



### WATER BOTTLES

In 2014, HSU banned sale of plastic water bottles on campus. Our campus is the only one in the CSU system to take this bold action against such avoidable plastic waste! This helps HSU avoid between 50,000-80,000 plastic bottles per year. Join us by bringing your own reusable bottle from home and refilling it as needed!



## ZERO WASTE

DO YOUR PART TO HELP HSU ACHIEVE A ZERO WASTE GOAL OF 90% DIVERSION

**FOR HSU ZERO WASTE, CALL 707-826-5889  
OR EMAIL [ZEROWASTE@HUMBOLDT.EDU](mailto:ZEROWASTE@HUMBOLDT.EDU)**

### COMPOST



Food scraps, coffee grounds, tea bags, uncoated paper plates, and napkins. Request a compost bucket for your breakroom by emailing [wrrap@humboldt.edu](mailto:wrrap@humboldt.edu)

### MIXED RECYCLING

Paper, cardboard, bottles, cans, plastics #1-5, foil/aluminum metals.



### OFFICE SUPPLIES



Free office supplies can be donated and/or are available at Warren House, run by the students of WRRAP.

### E-WASTE

Batteries, light bulbs, printer cartridges, or CD's. \*Only at 2nd Floor Jolly Giant Commons, UC South Lounge, and Library Lobby.



### OTHER ITEMS

Make sure to contact HSU Zero Waste about hard-bound books, scrap metal, carpet, rigid plastics, sheet rock, ceiling tiles, non-pressure treated wood, appliances, lab equipment, & construction materials.

### LANDFILL WASTE

Anything you can't donate, compost, or recycle. In 2017, HSU landfilled on million pounds of trash.



## Alternative Transportation

At HSU, we offer a variety of resources to help campus stakeholders get around without contributing greenhouse gas emissions from single-occupant vehicles. We encourage you to take advantage of these resources, listed below:

### Zagster / Bike share

Bike share is a convenient, cheap and fun transportation option for getting around campus and town.

### Jack Pass / Bus Pass

The HSU Jack Pass program encourages mass transit and reduced fuel consumption by enabling Humboldt County bus use at a reduced cost. Students can ride at no additional cost by simply swiping their student ID card, and staff and faculty can ride by buying a \$60/semester pass at the Cashier's office.

### Zipcar / Car sharing

Zipcar gives you self-service access to cars 24/7, with low hourly and daily rates that include gas and insurance.

### Carpool Incentives

With the HSU Carpool Incentive Program, receive a Carpool Preferential Parking Permit for the day when you have 3 or more people in your vehicle.

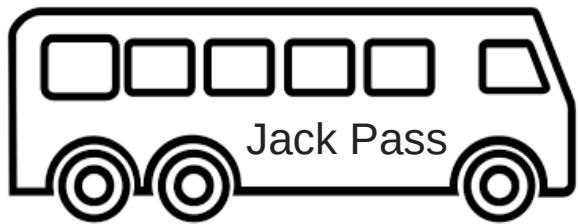
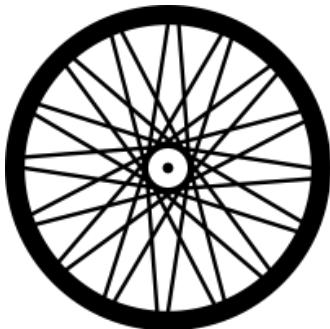
### Homeward Bound / Charter Bus

The Homeward Bound Bus Charter Program provides students with discounted round-trip transportation from Arcata directly to San Francisco or Los Angeles.

### Zimride / Ride sharing

With Zimride, you can find Humboldt State friends, classmates, and coworkers going the same way you are.

#### Zagster Bikeshare





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## CURRICULUM

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The Office of Sustainability can assist you in finding sustainability concepts, projects, mentors, and research opportunities in the classroom.

### SUSTAINABILITY FOCUSED & RELATED COURSES

More students are integrating elements of sustainability and climate change resiliency into their course load. Ready to join the movement? Talk to the Office of Sustainability to understand how to find these concepts in existing courses and where they might be incorporated in classes and majors that you're already pursuing!

Courses are denoted as being sustainability focused or related in the course catalog as follows:

 **ECON 308D. History of Economic Thought – Add'l Depth (1).** Additional depth of content for ECON 308. Students receive single grade for combined four units of ECON 308 and ECON 308D. [Prereq: ECON 210. Coreq: ECON 308.]

 **ECON 309. Economics of a Sustainable Society (3).** Interpret meaning of sustainable economy. Techniques for measuring economic performance using sustainability standard. Analyze domestic and international policies consistent with a sustainable economy. *Economics and business administration majors MUST co-enroll in ECON 309D. [GE. ]*



sustainability-focused;



sustainability-related;

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## VIRTUAL GREEN ROOM

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Check out the online resources in our **Virtual Green Room** for tips and tricks that will help you minimize your carbon footprint, save energy, decrease the amount of waste you produce, and generally point you toward other information on how to integrate sustainability into resident life at HSU!

**[www.humboldt.edu/greenroom](http://www.humboldt.edu/greenroom)**



# Take action to save energy at Humboldt State!

## Lights

Turn off lights when leaving a room or when you notice it is unoccupied.

## Audio/Visual Equipment

Put A/V equipment into sleep mode or turn off when appropriate.



## Heating & Cooling

Keep thermostats set to within CSU mandated ranges (68- 72 degrees F) and make sure vents are not blocked or obstructed.

## Doors & Windows

Make sure doors and windows are closed when heating and cooling equipment is on and always close them before leaving for the day.

## Refrigerators

Clean out department refrigerators frequently and unplug them during campus breaks when they are not needed.



## Computers

Work with ITS to ensure your computer is set to the standard sleep timer after periods of inactivity.

## Plug Loads

Remove unnecessary appliances, decorative lighting, and personal heating/cooling devices.





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## WELCOME TO HSU!

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At Humboldt State University, we are proud to say that sustainability is part of our core mission, vision and values.

Furthermore, we are constantly trying to infuse sustainability into our jobs and daily responsibilities by considering social, economic, and environmental dimensions as common and routine practice.

We encourage you to get involved as a campus sustainability champion, steer your peers toward opportunities to get involved, and to consider making sustainability a core pillar of your course work.

For additional information about what the Office of Sustainability does and how it can relate to you, please check out the listed resources at right or reach out directly to one of our staff members.

- **Office of Sustainability website:**  
[www.facilitymgmt.humboldt.edu/sustainability](http://www.facilitymgmt.humboldt.edu/sustainability)
- **HSU STARS Report 2017 (Sustainability Tracking, Assessment & Rating System):**  
[www.stars.aashe.org/institutions/humboldt-state-university-ca/report/2017-04-21/](http://www.stars.aashe.org/institutions/humboldt-state-university-ca/report/2017-04-21/)
- **HSU Climate Action Plan:**  
[www.facilitymgmt.humboldt.edu/climate-action-plan](http://www.facilitymgmt.humboldt.edu/climate-action-plan)

Thank you and we look forward to working with you!

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### Office of Sustainability Staff:

**Director of Sustainability, Energy & Grounds**  
**TallChief Comet** | [tallchief.comet@humboldt.edu](mailto:tallchief.comet@humboldt.edu)

**Climate Action Analyst**  
**Morgan King** | [morgan.king@humboldt.edu](mailto:morgan.king@humboldt.edu)

**Sustainability Analyst**  
**Katie Koscielak** | [katie.koscielak@humboldt.edu](mailto:katie.koscielak@humboldt.edu)

**Waste, Recycling & Grounds Coordinator**  
**Megan Tolbert** | [megan.tolbert@humboldt.edu](mailto:megan.tolbert@humboldt.edu)

**Energy Analyst & Planner**  
**Andrea Alstone** | [andrea.alstone@humboldt.edu](mailto:andrea.alstone@humboldt.edu)