

CAL POLY HUMBOLDT

2022 - 2023

GUIDE TO SUSTAINABILITY



PREPARED BY THE

OFFICE OF
SUSTAINABILITY

[www.facilitymgmt.humboldt.edu/
sustainability-office-welcome](http://www.facilitymgmt.humboldt.edu/sustainability-office-welcome)

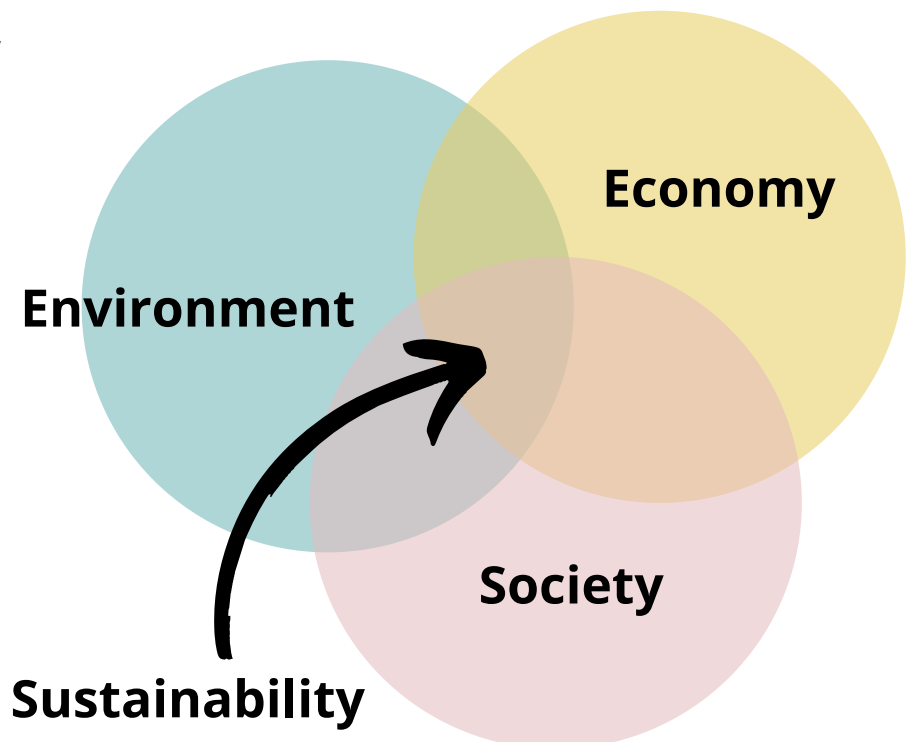
WHAT IS SUSTAINABILITY?



"Sustainability is the recognition that humanity is a part of the natural world, not separate from it, and that healthy social and economic systems depend on the resilience of ecological systems."

-Definition established by the
Humboldt Advisory Committee on Sustainability (HACS), 2018

Furthermore, at Cal Poly Humboldt, we use a triple Venn diagram to examine the world's most pressing sustainability challenges arising from the intersection between social, environmental, and economic systems:



TAKE CLASSES



SUSTAINABILITY IN THE CURRICULUM

More students than ever are looking to integrate sustainability concepts and practices into their learning at Cal Poly Humboldt, regardless of their major. Search for [keyword "sustainability" in the course catalog here](#) to find courses and programs that teach sustainability. ***Join the movement!***

17%

of all classes offered
are sustainability
focused or related

79%

of departments offer at
least one sustainability
focused or related class



AMPLIFY INTERSECTIONS WITH JUSTICE



At Cal Poly Humboldt, sustainability means upholding tenets of justice and liberation as well as protecting the environment and ecological systems. Issues like Indigenous sovereignty, meeting basic needs, inclusive and participatory governance, and fostering restorative cultural connections to land can often be understood through a sustainability lens.

Our campus is on the cutting edge of research and teaching that bring keywords like **anti-racism, intersectionalism, settler colonialism, white supremacy, Traditional Ecological Knowledge, & power/privilege/oppression** to the foreground of work on global sustainability issues. Join our world-class team of scholars by attending events, joining groups, and exploring programs!

EVENTS

- [Campus & Community Dialogue on Race](#)
- [Social Justice Summit](#)
- [Sustainable Futures Speaker Series](#)
- [CA Indian Big Time & Social Gathering](#)

PROGRAMS

- [Rou Dalagurr Food Sovereignty Lab](#)
- [Black to the Land](#)

GROUPS

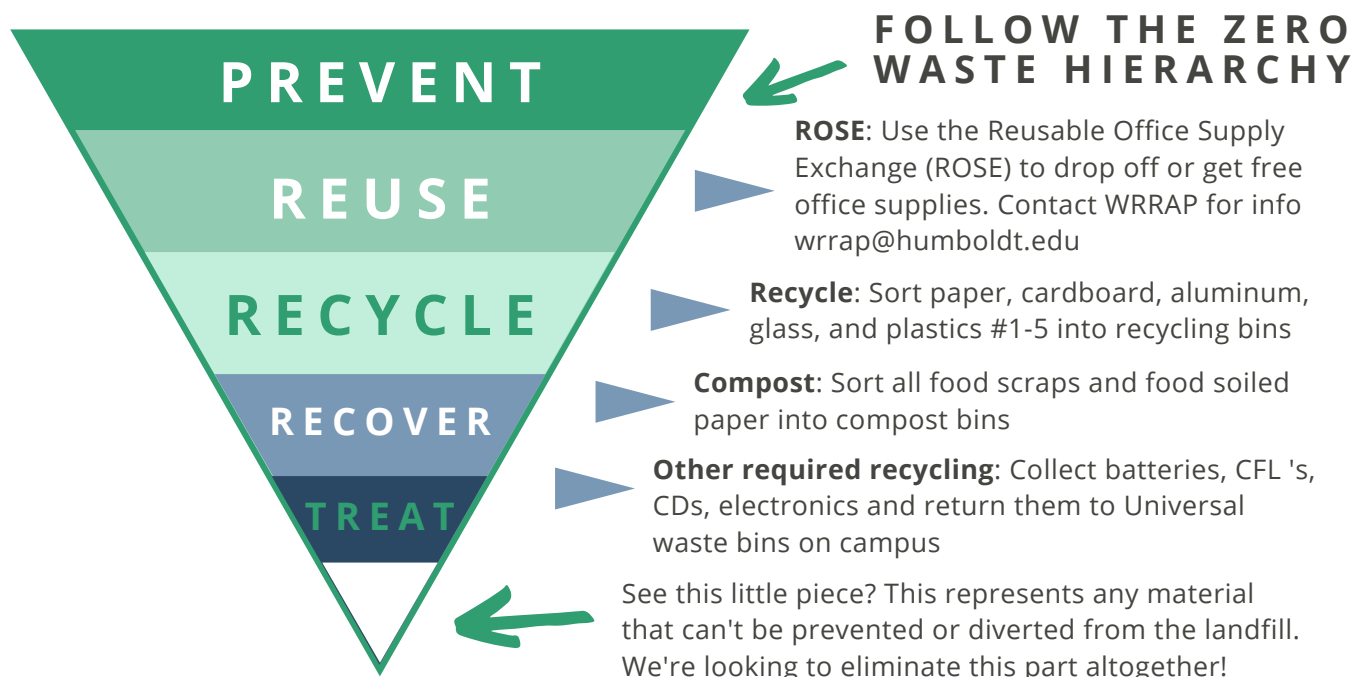
- [Umoja Center for Pan African Excellence](#)
- [Oh SNAP](#)
- [El Centro](#)
- [ITEPP](#)
- [INRSEP](#)
- [Social Justice Equity Inclusion Center](#)

PREVENT WASTE



At Cal Poly Humboldt, we are moving toward ***achieving zero waste***. That means lowering our total campus waste footprint altogether, and working to reach a level of zero waste sent to the landfill. We do this by preventing anything that cannot be reused or upcycled from entering campus in the first place, AND by diverting materials when possible to a viable and valuable recycling or composting stream.

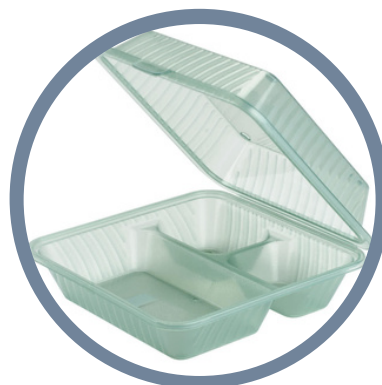
But we need your help to get to zero waste. [Read more here.](#)



FOLLOW THESE ZERO WASTE TIPS

OZZI

The OZZI Program offers reusable food containers at campus Dining locations. By using OZZI, you can help Cal Poly Humboldt move toward zero waste. New students will receive a free token to get started in the program during move-in; if misplaced, it costs \$8 to buy into the program. Bring your token and exchange it for an OZZI container at the J or Marketplace; return the container when empty and receive a token back for next time. (Tip: You should never throw away or recycle OZZI containers, but instead make sure to return them to Dining for ongoing reuse.)



REUSABLE WATER BOTTLES

At Cal Poly Humboldt, we no longer allow for the sale of single-use, disposable water bottles. This means you'll have to carry a refillable one and fill up at one of the many refill stations across campus. (Tip: most water fountains on campus have a bottle filling attachment!)



COMPOSTING & FOOD WASTE

Collecting food waste helps our campus comply with state law, reduce methane from landfills, and build local resilient soils. Do your part by sorting food scraps and food soiled paper into compost bins labeled throughout campus. (Tip: Plastics, glass, and aluminum should never go in the compost stream; oily pizza boxes and other food soiled paper should be composted instead of recycled.)



USE SUSTAINABLE TRANSPORTATION



Cal Poly Humboldt has a number of options for traveling to campus that don't involve driving a single-occupant vehicle. We hope to mitigate and prevent greenhouse gases from entering the atmosphere by encouraging folx to use sustainable transportation to and from campus. The bus is free, we've got affordable bike programs, and more!

Read about [specific programs here](#).

70%

OF ALL STUDENTS
COMMUTE TO SCHOOL BY
WALKING, BIKING,
BUSSING, CARPOOLING OR
RIDING A MOTORCYCLE

Did you know it only takes 15 minutes to walk from campus to downtown Arcata? And around 25 minutes to walk from Arcata's outer neighborhoods to campus?

A Tip From the Pros:
it's often faster to take sustainable transportation than finding a parking spot for your car on (or even close to) campus!





SAVE ENERGY & WATER

Campus is charged with reducing energy and water use by the state and CSU system. There are a multitude of ways campus users can participate in conserving these precious resources. We encourage each person to help save energy & water as follows:

- 01 Turn off lights when daylight is available, when leaving a room, or in unoccupied rooms.
- 02 Put computers and A/V equipment into sleep mode or turn off entirely when not in use.
- 03 Make sure doors and windows are closed when heating and cooling systems are on and always close them before leaving for the day.
- 04 Wash clothes in cold water unless they are really dirty! Cold washing also prevents fading and helps your clothes last longer.
- 05 Keep shower time below five minutes
- 06 Many devices use electricity even when they are off. Avoid these “phantom loads” by unplugging devices entirely or plugging stuff like your TV, cable box and video games into a smart power strip.
- 07 Turn off the tap while brushing teeth, shaving, or lathering up hands.
- 08 Report leaks or other problems to HSU Facilities Management at 826-3646.
- 09 Learn more and get involved in energy and water savings initiatives with the Green Campus Program, <https://greencampushsu.weebly.com/>

GET INVOLVED IN STUDENT ACTIVITIES



Looking for a job, internship, work experience, or just for other students doing cool things? Explore a [campus club focused on sustainability through the Office of Student Life](#) or join one of the groups/positions listed below!

WRRAP • wrrap.humboldt.edu

Green Campus • greencampushsu.weebly.com/

CCAT • ccat.humboldt.edu/

HEIF • heif.humboldt.edu/

Resident Sustainability Advisor • housing.humboldt.edu/resident-resources/sustainable-living

Environmental Sustainability Officer with A.S. • associatedstudents.humboldt.edu/student-government/board-of-directors

Social Justice Equity Inclusion Center • sjei.humboldt.edu/



READ MORE

[Climate Action Plan 2.0](#)

[Sustainability Tracking, Assessment & Rating System \(STARS\)](#)

[Cal Poly Humboldt Sustainability Office website](#)

[Campus Sustainability Dashboard](#)

[CSU Sustainability Policy](#)

[CSU Journal on Sustainability & Climate Change](#)

[Subscribe to our office newsletter](#)

[Keep up with 'Recent Happenings'](#)

[Become a Sustainability Intern](#)

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